El Cajon Homeless Services Resources

This list is organized by type of resource including businesses that benefit individuals experiencing homelessness. This list, originally compiled in spring 2018, is updated monthly and is subject to change. If you have information regarding new resources, or if you are affiliated with any of these organizations and have updated information, please contact us at <u>coordinator@elcajoncollaborative.org</u>. A copy of this resource guide can be located at <u>www.elcajonresources.org</u>

- For emergencies, dial **9-1-1** For non-emergency disturbances, dial **(619) 579-3311**
- For quick resource information on cell phones, text "connectEC" to 77453

• For access to additional **El Cajon Resources** including jobs, legal services and senior programs, see <u>www.elcajonresources.org</u>

• For access to food resources, including a list of pantries, see the **El Cajon Food Resource Guide** at <u>www.sdeastcountyfoodresources.com</u>

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Hotlines

Site Name	Contact Information	Service Hours
Adult & Elder Abuse	San Diego County (800) 510-2020	24 Hour Hotline
Alcohol & Drug Services (Referrals to local treatment facilities, support groups, and community-based organizations)	SAMHSA's National Helpline (800) 662-HELP (4357)	Confidential, free, 24-hour-a-day, 365-day-a-year, information service, in English and Spanish
Child Abuse	(858) 560-2191	24 Hour Hotline
Crime Tip Hotline	(888) 580-8477	24 Hour Hotline
Domestic Violence /Sexual Assault	(888) DVLINKS or (888) 385-4657	24 Hour Hotline
Domestic Violence Shelters	(888) 385-4657 Domestic Violence Shelter Aid	Listen to the prompts
General Resource Help & Information	2-1-1	24 Hour Hotline (2-1-1)
Legal Aid	(877) 534-2524	Listen to the prompts
Narcotics Anonymous	(800) 479-0062 English (800) 546-0774 Spanish (Both in San Diego)	24 Hour Hotline
Poison Control	(800) 222-1222	24 Hour Hotline
San Diego County Public Assistance ACCESS line	(866) 262-9881	<u>Monday-Friday</u> 8:00 am – 5:00pm
San Diego ACCESS & Crisis Hotline Mental Health	(888) 724-7240	24 Hour Hotline
Suicide/Mental Health Crisis	(888) 724-7240	24 Hour Hotline

East County Public Assistance

Site Name	Contact Information	Service Hours
HHSA Family Resource Center	220 S. 1 st Street	Monday-Friday
This office offers:	El Cajon, CA 92019	7:00am – 5:00pm
CalWORKs, CalFresh, MediCal		Monday-Friday
and General Relief	(866) 262-9881 ACCESS	ACCESS customer service center
		8:00am – 5:00pm
US Social Security	810-846 Arnele Ave	Monday-Friday
Administration	El Cajon, CA 92020	9:00am – 4:00pm
	(800) 772-1213	<u>Wednesday</u>
	Bldg 810: SS card	9:00am – 12:00pm
	replacement center	
WIC	301 N. Magnolia Ave #101	Monday-Friday
Women, Infants & Children	El Cajon, CA 92020	8:00am – 5:00pm
(Monthly checks to purchase	(888) 999-6897	Education/Voucher office
healthy foods for new babies	www.sdsuwic.com	*By appointment only
and young children)		For store location visit website
East Co. Public Health Center	367 N. Magnolia Ste. 101	Monday-Friday
(Immunizations, TB	El Cajon, CA 92020	8:00am – 11am
Medication, STD Testing &	(619) 441-6500	Mon., Tues., Wed., Friday
Hep A Vaccinations)		1:00pm-4:00pm
El Cajon Police Department	100 Civic Center Way	<u>Monday-Friday</u>
(Report non-emergency	El Cajon, CA 92020	8:30am – 5:00pm Lobby
disturbances, loitering &	(619) 579-3311 Non-emergency	
complaints)	<u>9-1-1 Emergency</u>	

Healthcare Services

Site Name	Contact Information	Service Hours
Chase Family Health Center	1111 W Chase	Monday-Friday
FHCSD	El Cajon, CA 92020	8:30am—5:00pm
(Comprehensive medical and	(619) 515-2499	Closed for lunch. Medi-Cal and no
developmental services)	www.fhcsd.org	insurance through Homeless
		Project
El Cajon Family Health Center	525 E Main St.	Monday-Saturday
FHCSD	El Cajon, CA 92020	8:30am—5:30pm
(Comprehensive medical, dental,	(619) 515-2498	Closed for lunch 12:30pm—1:30pm
counseling, women's health		Medi-Cal and no insurance through
services including a homeless		Homeless Project along with most
support group)		other insurances.

Centro Medico El Cajon— Borrego Healthcare (Comprehensive medical services) Crisis House FHCSD Mobile Medical Unit	133 W Main El Cajon, CA 92020 (619) 401-0404 www.borregohealth.org 1034 N. Magnolia Ave. El Cajon, CA 92020 (619) 444-1194 www.crisishouse.com	Monday-Friday8:00am—9:00pm (5-9 Urgent Care)Saturday, SundayUrgent Care Only 10am—2:00pmMost ins., Medi-Cal, sliding feescaleMonday8:30am—11:30amNo appointment needed
East Region Public Health Center (Immunizations, TB medication, STD Testing, Hep A Vaccinations)	367 N Magnolia Suite 101 El Cajon, CA 92020 (619) 441-6500	Monday, Tuesday, Thursday, Friday 8:30am—4:00pm Closed for lunch
La Maestra Community Health (Comprehensive medical services including dental)	165 S 1st St. El Cajon, CA 92020 (619) 312-0347 <u>www.lamaestra.org</u>	<u>Monday-Friday</u> 8:30am—5:30pm *Call for an appointment
Neighborhood Healthcare (Comprehensive medical services including dental)	855 E Madison Ave. El Cajon, CA 92020 (619) 440-2751 <u>www.nhcare.org</u>	Monday, Thursday, Friday 8:00am—5:00pm <u>Tuesday</u> 8:00am—8:00pm <u>Wednesday</u> 9:30am—5:00pm <u>Saturday</u> 9:00am—3:00pm Most insurances including Medi-Cal
St. Paul's PACE East (Managed care health clinic for seniors)	1306 Broadway El Cajon, CA 92020 (619) 551-7400 www.stpaulspace.org	<u>Monday-Friday</u> 8:00am—4:30pm
Volunteers In Medicine (Primary medical services for working non-insured adults)	1457 E Madison El Cajon, CA 92020 (619) 440-4591	Wednesday 4:00pm—8:00pm <u>Saturday</u> 8:00am—12:00pm *By appointment only for uninsured

Mental Health Services /Substance Abuse

Site Name	Contact Information	Service/Information service
East County Mental	1000 Broadway Ste 210	Monday- Friday
Health Clinic	El Cajon, Ca 92021	8:00am – 5:00pm
	(619) 401-5500	For adults, seniors, co-occurring
	www.sdcounty.ca.gov/hhsa	alcohol/substance abuse
Volunteers of America	290 S. Magnolia Ave	56-bed residential treatment
Carlton G. Luhman Center For	El Cajon, CA 92020	facility for adults with mental
Supportive Living	(619) 447-2428	disorders. Contact the property
	www.voa.org	manager onsite for information
El Cajon Family Health Center	525 E Main	Monday-Friday
(Alcohol & other drug	El Cajon, CA 92020	8:30am—5:30pm
counseling, homeless support	(619) 515-2300	Most insurances including Medi-Cal
group and psychiatry)	www.fhcsd.org	and no insurance through
		Homeless Project
McAlister Institute	1400 N. Johnson Ave.	Monday-Friday
(Substance abuse treatment,	El Cajon, CA 92020	9:00am—7:00pm
drug intervention, and recovery	(619) 442-0277	<u>Saturday</u>
support services)	www.mcalisterinc.org	10:00am2:00pm
	Kiva Learning Center- Women	<u>Sunday</u>
	& Children Residential	Closed
	Treatment Program	
	(619) 465-7303	
	New Connections- Short-term	
	residential program	
	(619) 465-7303	
MHS—ACTION East	10201 Mission Gorge Rd.	Call for an appointment or referral
(Serves homeless adults who	Santee, CA 92071	
need a higher level of support	(619) 383-6969	
than that which is offered at	www.mhsinc.org/listing/	
traditional outpatient mental	action-east	
health or substance abuse		
treatment programs)		
San Diego Youth Services	Our Safe Place Mental Health	Monday-Friday
(Mental health services and	Clinic	9:00am—6:00pm
drop-in centers for LGBTQ youth	3427 4th Avenue, 2nd Floor	
up to age 21 and their families)	San Diego, CA 94103	
	SDYS Central Drop-in Center 2220 Broadway San Diego, CA 92102	Open 7 days a week

Halcyon Center	1664 Broadway	No one is refused service due to
(Short term residential	El Cajon, CA 92021	inability to pay. Insurances include
treatment for those in crisis)	(619) 579-8685	Medi-Cal, Medicare/Medi-Cal,
		Aetna & Kaiser

Shelters/Housing/Case Management

Site Name	Contact Information	Service/Information service
2-1-1 Shelter Referrals (Emergency shelters, supportive housing, transitional housing options & resources)	Dial 2-1-1	24-hour confidential shelter referral service for San Diego Co.
Online Homeless Shelter Sites	www. homelessshelterdirectory.org/	View nearby shelters online
East Co. Transitional Living Center (Emergency shelter, transitional living & homeless services)	1527 E. Main St. El Cajon, CA 92020 (619) 442-0457 <u>www.ectlc.org</u>	Call for appointment
Crisis House (Housing assistance, ID, mail service, resources and domestic violence shelter)	1034 N. Magnolia Ave. El Cajon, CA 92020 (619) 444-1194 www.crisishouse.com	<u>Monday-Friday</u> 8:30am—5:00pm Onsite Housing Navigator
Interfaith Shelters (Seasonal shelters in local churches)	Referrals only through Crisis House-(619) 444-1194 or Volunteers in Medicine (619) 440-4591	Seasonal during winter months
PCG—Pacific Consulting Group (Comprehensive consulting and operational support for Temporary Assistance for Needy Families (TANF), Supplemental Nutritional Assistance Program (SNAP), and other programs)	*CalWORKS Recipients Only Human Services 151 Van Houten Avenue El Cajon, CA 92020 Toll Free: (800)-210-6113 Phone: (619) 270-4000	Onsite Housing Navigator Call for an appointment

Safe Parking

Site Name	Contact Information	Service/Information service
Dreams for Change—Safe	San Diego Lot	Please call (619) 497-0236 before
Parking	766 28th St. San Diego, 92102	arriving at a location
(Safe parking environment as		<u>7 nights a week</u> , 365 days a year
well as supportive services for	Balboa Lot	starting at 6:00 pm
transitional homeless people	Jewish Family Services	

who are living in their vehicles)	8804 Balboa Ave., S.D. 92123	

Legal Services

Site Name	Contact Information	Service Hours
ElderHelp	(858) 565-1392 x 200	2 nd Wednesday
(Elder Law provides legal		1:30-4:00 p.m.
services for seniors (60+ years)		Renette Park Community Center
for wills, landlord/tenant issues,		Services are free
Medicare and Medi-Cal issues)		Must call for an appointment
Legal Aid Society	(877) 534-2524 General Info	Call for more information
(Legal help with housing, debt,	(866) 244-0101 Evictions	
collection, repossession,	(844) 449-3500 Fair	
housing, discrimination, family	Housing/Discrimination	
law, immigration, federal tax		
problems,		
CalWorks/CalFresh/General		
Relief, SSI, Restraining orders)		

Reunification Program

Site Name	Contact Information	Service Hours
Salvation Army	1011 E. Main St	Office Hours:
"A Way Back Home"	El Cajon, CA 92021	Family Services
Case management,	(619) 440-4683	<u>Monday, Tuesday, Thursday</u>
transportation & needs	elcajon.salvationarmy.org/el_	1:30pm—4:00pm
arrangements, travel assistance,	<u>cajon_corps/</u>	<u>Friday</u>
connection to services upon		1:30pm—3:00pm
arrival		

Mobile Showers

Site Name	Contact Information	Service Hours
Think Dignity	www.thinkdignity.org/calendar	See calendar for additional
(2 Shower Mobile Unit)		locations
Crisis House	1034 Magnolia Ave. El Cajon, CA 92020	2 nd Wednesday of the Month 1:00pm—4:00pm
Newbreak or The Rock Church	Alternates each week *see church listings	3 rd Saturday of the Month 1:00pm—3:00pm
Meridian Church	660 S. 3 rd St. El Cajon, CA 92021	<u>4th Wednesday of the Month</u> 3:30pm - 5:30pm

Veterans

Site Name	Contact Information	Service Hours
VA Benefits Filing-HHSA El Cajon Library (In-person VA Benefit counseling)	201 E Douglas El Cajon, CA 92020 (619) 588-3718	2 nd and 4 th Monday 9:30am-1:00pm
VA Benefits Filing-HHSA Rancho San Diego Library (In-person VA Benefit counseling)	11555 Via Rancho San Diego El Cajon, CA 92019 (619) 660-5370	2 nd Thursday 9:30am-1:00pm
Veterans Village of San Diego (Assistance with housing, substance abuse recovery, mental health services, food, legal services)	4141 Pacific Hwy. San Diego, CA 92110 (619) 393-2000 General (619) 961-2165 Supportive Services for Veteran Families	* For more information or to make an appointment, please call
Courage to Call (Mental Health Systems— Guidance, information, referral services to veterans, active duty, reservists and families)	2165 Kurtz St. San Diego, CA 92110 (619) 209-4682 <u>www.mhsinc.org/courage-to-</u> <u>call</u>	Call for more information
Veteran Community Services of San Diego (Services help veterans seek employment, identify benefits and obtain housing)	Main OfficeSan Diego 5605 El Cajon Blvd. San Diego, CA 92115 (800) 974-9909 <u>www.ccvcs.net</u>	Call for more information

Youth/Teen Services and Shelters

Site Name	Contact Information	Service Hours
San Diego Youth Services	Our Safe Place Mental Health	Monday-Friday
(Mental health services and	Clinic	9:00am—6:00pm
drop-in centers for LGBTQ youth	3427 4th Avenue, 2nd Floor	
up to age 21 and their families.	San Diego, CA 94103	
Case management, resources,		
support groups, drug/alcohol	SDYS Central Drop-in Center	Open 7 days a week
abuse programs and more)	2220 Broadway	
	San Diego, CA 92102	
San Diego Youth Services	(619) 221-8600 Main line	
Street Outreach: (Meets and		

engages runaway and homeless youth across San Diego County	
to connect them with resources, including transportation to shelter, housing referrals, safer sex kits, food, hygiene items, seasonal items such as blankets and case management services.)	
TAY Academy: (Combines a drop-in center with structured learning and recreational opportunities for Transition Age Youth (ages 16-24), including foster youth, former foster youth, out-of-home probation youth, and homeless and runaway youth)2220 Broadway San Diego, CA 92102 (619) 232-8126 www.sdyouthservices.org Ages 14-25Tuesday-Saturday 12:00pm—8:00pmTuesday-Saturday 12:00pm—8:00pm	
Transitional Housing Continuum: (Provides affordable housing, independent living skills training, life planning and comprehensive support services to break the cycle of homelessness and create hope and self-sufficiency for youth ages 16-24 transitioning into adulthood)(866) 752-2327 Youth Hotline7 days a week	
Youth Emergency Shelter: (Emergency night shelter program and drop-in center for homeless, runaway and "street" youth, providing a safe home and support services to help youth return to their families or find alternative safe living arrangements)7 days a weekYouth Hotline7 days a week	
Eastern LightsMeridian Church1st and 3rd Fridays of each monTemporary Youth Shelter660 S. 3rd St.5:30pm Friday Check-inAges 18-25El Cajon, CA 920199:00am Saturday Check-out(305) 934-8887Lindsey5889@gmail.com9:00am Saturday Check-out	<u>th</u>
Home Start, Inc. Earlene Adams, Residential Call for availability or for more	
Maternity Shelter Program Shelter Manager information	

(619) 906-4401 <u>eadams@home-start.org</u>	
Intake line at (619) 692-0727 ext. 118	Leave message and a therapist will return your call
Earlene Adams, Residential Shelter Manager (619) 906-4401 <u>eadams@home-start.org</u>	Call for availability and for more information
5280 Orange Ave. San Diego, CA 92115 (619) 546-9259 Email: <u>info@heartlandyouthbuild.org</u> Text: "YouthBuild" to 31996	Call or text for more information
	ext. 118 Earlene Adams, Residential Shelter Manager (619) 906-4401 <u>eadams@home-start.org</u> 5280 Orange Ave. San Diego, CA 92115 (619) 546-9259 Email: info@heartlandyouthbuild.org

Job Assistance/Temporary Agencies

Site Name	Contact Information	Service Hours
P C G	151 Van Houten Ave	Monday-Friday
Public Consulting Group	El Cajon, CA 92020	8:00am – 5:00pm
(Employment Services)	(619) 270-4000	Education/Employment office
	www.publicconsultinggroup.c	*CalWORKs recipients transitioning
	om	to self-sufficient status

X L Staffing Inc.	450 Fletcher Pkwy Ste 204	Monday-Friday
	El Cajon, CA 92020	9:00am – 5:00pm
	(619) 579-0442	
	(619) 276-8677 Fax	
	<u>xlstaffing.com</u>	
Volt Services	450 Fletcher Pkwy Ste 213	Monday-Friday
	El Cajon, CA 92020	9:00 am – 5:00pm
	(619) 427-0200	
People Ready	1027 Broadway	Monday-Friday
	El Cajon, CA 92021	5:30am – 6:00pm
	(619) 444-7877	Saturday
	www.peopleready.com	7:00am – 11:00am
E Z Staffing	1423 Broadway	Monday-Friday
	El Cajon, CA 92021	8:00am – 5:00pm
	(619) 749-3835	*Health-care job placement only
	(619) 299-0055	

Colleges/Adult School Locations

Site Name	Contact Information	Service Hours
Cuyamaca College	900 Rancho San Diego Pkwy	Monday
	El Cajon, CA 92019	8:00am – 6:00pm
	*Rancho San Diego City	Tuesday-Thursday
	(619) 660-4000	8:00am – 5:00pm
	www.cuyamaca.edu	<u>Friday</u>
	Student Services: Bldg A-300	9:00am – 1:00pm
	Career Center Services: A-221	*See website for additional
		weekend hours/information
Grossmont College	8800 Grossmont College Dr.	Monday- & Tuesday
	El Cajon, CA 92021	8:00 am – 6:00pm
	(619) 644-7000	Wednesday & Thursday
	www.grossmont.edu	8:00 am – 5:00pm
	Student Services: Bldg 10	<u>Friday</u>
	Career Center: Bldg 60 Rm 140	8:00am – 1:00pm
		*See website for additional
		weekend hours/information
Foothills Adult Center	1550 Melody Ln	Monday-Saturday
	El Cajon, CA 92019	8:00am – 9:00pm
	(619) 588-3500	
KRAEast County Career Center	PCG Building	Monday-Friday
(Employment & Education	151 Van Houten Ave.	8:00am – 5:00pm
Services)	El Cajon, CA 92020	*Call for an appointment
Servicesj	(619) 270-4000	

Libraries

Site Name	Contact Information	Service Hours
El Cajon Branch Library	E. Douglas Ave	Monday-Thursday
	El Cajon, CA 92020	9:30am – 8:00pm
	(619) 588-3718	<u>Friday-Saturday</u>
		9:30am – 5:00pm
	<u>Sdcl.org</u>	<u>Sunday</u>
		12:00pm – 5:00pm
Rancho San Diego Branch	11555 Via Rancho San Diego	Monday & Wednesday
Library	El Cajon, CA 92019	9:30am – 6:00pm
	(619) 660-5370	Tuesday & Thursday
		9:30am – 8:00pm
	Sdcl.org	Friday & Saturday
		9:30am – 5:00pm
		<u>Sunday</u>
		12:00pm – 5:00pm
Fletcher Hills Branch Library	576 Garfield Ave	Monday & Sunday
	El Cajon, CA 92020	CLOSED
	(619) 466-1132	<u>Tuesday & Thursday</u> 9:30am – 6:00pm
	Sdcl.org	Wednesday
	<u>Suci.org</u>	12:00pm – 8:00pm
		Friday & Saturday
		9:30am – 5:00pm
Crest Branch Library	105 Juanita Lane	Monday & Sunday
	El Cajon, CA 92021	CLOSED
	(619) 442-7083	Tuesday
		 12:00pm – 8:00pm
	Sdcl.org	Wednesday & Thursday
		9:30am – 6:00pm
		<u>Friday</u> <u>Saturday</u>
		9:30am – 5pm 9:30am – 3pm

Churches/Faith-based Organizations

Site Name	Contact Information	Service Hours
Foothills Christian Church	365 W Bradley Ave	<u>Saturday</u>
(Chrisitan)	El Cajon, CA 92020	6:30pm
	(619) 442-7728	<u>Sunday</u>
	www.foothillschurch.org	9:00am & 10:45am
Meridian Church	660 S 3rd St	<u>Sunday</u>
(Southern Baptist)	El Cajon, CA 92019	7:30am and 10:30am
	(619) 444-3171	<u>Wednesday</u>

		Community Meal 5:30pm
Newbreak Church (Christian)	470 N Mollison Ave El Cajon, CA 92020 (858) 576-0007x 414 Iwilson@newbreak.org	<u>Sunday</u> 9:00am and 10:45am <u>Meals & Food:</u> 2 nd Monday 12:00pm Produce <u>Tuesday</u> 6:00pm-7:00pm Meal <u>Third Thursday</u> 6:00pm-6:45pm Meal
		<u>Saturday</u> 10:00am Meal in the parking lot <u>Wellness Days 10:00am</u> June 21, Sept. 15, Oct. 20, Dec. 22
New Seasons Church	990 Naranca Ave	Sundays
(Baptist)	El Cajon, CA 92021 (619) 440-7597	8am (English) 10am (Spanish) 6:30 pm (Arabic) <u>Meals:</u> Tuesday 5:45pm-6:30pm
The Rock Church	808 Jackman St	Sundays
(Christian) (Home Team serves to connect	El Cajon, CA 92020	8:00, 10:00, 12:00, 4:00, 6:00
those who have experienced homelessness, including	(619) 226-7625	Call for information or to connect with homelessness services
Veterans with appropriate services, safe shelter and life skills while nurturing with God's love)		
Salvation Army	1011 E. Main St	Sundays
(Universal Christian Church)	El Cajon, CA 92021	10:45am Service
Counseling, Housing/Residence	(619) 440-4683	Food Pantry
services, youth, adult rehabilitation, DV, Seniors,	elcajon.salvationarmy.org/el cajon corps/	<u>Monday</u> 1:30 pm to 4:00 pm; Tuesday 1:30 pm-4:00 pm;
Emergency Assistance		Wednesday 9:30 am-10:30 am; <u>Thursday</u> 1:30 pm-4:00 pm; <u>Friday</u> 1:30 pm-3:00 pm Senior Meals- 50+
		<u>Monday-Friday</u> Doors Open 10:30am
		Lunch Served 11:00am
		Social Services Monday, Tuesday, Thursday
		1:30pm—4:00pm
		Friday
		1:30pm—3:00pm

Gyms

Site Name	Contact Information	Service Hours
24-hour Fitness	198 W. Main St. El Cajon, CA 92021	Open 24 Hours Showers
	(619) 442-0293 <u>24hourfitness.com</u>	
Crunch Gym Parkway Plaza Mall	565 Fletcher Pkwy El Cajon, CA 92020 (619) 749-6939 <u>crunchgym.com</u>	Open 24 Hours Showers
Crunch Gym	522 Jamacha Road El Cajon, CA 92021 (619) 579-1818	<u>Monday-Friday</u> 5:00am – 10:00pm <u>Saturday & Sunday</u> 7:00am – 7:00pm

Thrift Stores

Site Name	Contact Information	Service Hours
Empire Thrift Store	1090 E. Main Street	Monday-Saturday
	El Cajon, CA 92021	9:00am – 7:00pm
	(619) 579-7009	<u>Sunday</u>
		9:00am – 6:00pm
Cory's Closet	3745 Avocado Blvd	Monday-Thursday
Rancho San Diego Village	La Mesa, CA 91941	10:00am – 6:00pm
Nancho San Diego Village	(619) 660-1235	Friday & Saturday
	corysclosetchildrensresale.com	10:00am – 5:00pm
		Sunday
		11:00am – 5:00pm
Goodwill Thrift Stores	420 N. 2 nd Street	<u>Monday-Saturday</u>
El Cajon :	El Cajon, CA 92021	9:00am – 8:00pm
	(619) 328-6807	<u>Sunday</u>
Santee:	9575 Mission Gorge Rd	9:00am – 6:00pm
	Santee. CA 92071	
	(619) 258-1937	
Quality Thrift Store	841 E. Main Street	Monday-Saturday
	El Cajon, CA 92020	11:00am – 5:30pm
	(619) 588-9191	
Mc Alister Institute Thrift	993 E. Main Street	Monday-Friday
	El Cajon, CA 92021	9:00am – 9:00pm
	(619) 442-0212	<u>Saturday & Sunday</u>
		10:00am – 7:00pm

2325 Fletcher Pkwy	Monday-Saturday
(619) 465-5840	9:00am – 9:00pm <u>Sunday</u> 10:00am – 7:00pm
	El Cajon, CA 92021

Pawnshops

Site Name	Contact Information	Service Hours
El Cajon Jewelry & Loan	935 E. Main Street	Monday-Friday
	El Cajon, CA 92021	9:30am – 6:00pm
	(619) 440-8252	<u>Saturday</u>
	elcajonjewelryandloan.com	9:30am – 5:00pm
East County Pawn Shop	941 Broadway	Monday-Friday
	El Cajon, CA 92021	9:00am – 6:00pm
	(619) 588-4207	<u>Saturday</u> <u>Sunday</u>
	eastcountypawnshop.com	9am – 5pm 11:30am- 4:30pm
AAA Discount Auto Pawn	1440 E. Main Street	Monday-Friday
	El Cajon, CA 92021	9:30am – 5:00pm
	(619) 590-2400	<u>Saturday</u>
		9:30am – 3:00pm
Golden Pawnshop	1246 E. Main Street #111	Monday-Friday
	El Cajon, CA 92021	9:00am – 5:00pm
	(619) 593-7739	
Spanky's	555 El Cajon Blvd	Monday-Friday
	El Cajon, CA 92020	10:00am – 6:00pm
	(619) 444-4448	<u>Saturday</u>
		10:00am – 3:00pm
Top Dollar	1150 N. 2 nd Street	Monday-Friday
•	El Cajon, CA 9021	9:30am – 5:30pm
	(619) 440-6411	<u>Saturday</u>
		9:30am – 1:00pm
Auto Pawn Company	715 E. Main Street	Monday-Saturday
	El Cajon, CA 92020	10:00am – 7:00pm
	(619) 590-1500	*Loan agency

Recycling Centers

Site Name	Contact Information	Service Hours
American Recycling	210 El Cajon Blvd	Monday- Sunday
	El Cajon, CA 92020	8:00am – 5:30pm
	(619) 593-0089	
	www.recycleforcash.net	
California Metals & Electronics	636 Front St.	Monday- Friday
El Cajon-Miller Metals	El Cajon, CA 92020	8:00am – 5:00pm
-	(619) 444-3111	
	(619) 444-2136	
	www.recycle4life.com	
All Ways Recycling	1425 N. Magnolia Ave	Monday- Friday
	El Cajon, CA 92020	8:00am – 5:00pm
	(619) 390-6637	<u>Saturday</u>
	Allwaysrecycling.com	8:00am – 1:00pm
Greenfield Recycling Center	1235 Greenfield Drive	Monday- Saturday
	El Cajon, CA 92021	8:00am – 5:00pm
	(619) 441-0399	

Laundromats

Site Name	Contact Information	Service Hours
Maytag Coin Laundry	1154 E. Main St.	Monday- Sunday
	El Cajon, CA 92021	7:00am – 9:00pm
	(858) 525-1684	
	(619) 444-4975 Fax	
Super Laundry	2890 Fletcher Pkwy	Monday- Sunday
Town & Country	El Cajon, Ca 92021	7:00am – 10:00pm
Shopping Center	(619) 465-6943	
Valley Coin Laundry	880 N. Mollison Ave	Monday- Sunday
	El Cajon, CA 92021	7:00am – 10:00pm
	(619) 588-4640	
El Cajon Launderland	112 W. Washington Ave	<u>Monday- Sunday</u>
	El Cajon, Ca 92021	7:00am – 10:00pm
	(619) 334-0098	

		Manalau, Cunalau
TLC Cleaners & Coin Laundry	412 W. Chase Ave	<u>Monday- Sunday</u>
	El Cajon, Ca 92020	7:00am – 9:30pm
	(619) 441-4959	
	tlccleanerselcajon.com	
El Cajon Eco Laundry	1043 E. Main St.	Monday- Sunday
	El Cajon, CA 92020	7:00am – 10:00pm
	(619) 328-6665	
University Cleaners	450 Fletcher Pkwy #115	Monday- Sunday
	El Cajon, Ca 92020	7:00am – 10:00pm
	(619) 447-1964	
El Cajon Valley Highlander	8061 Winter Gardens Blvd	Monday- Sunday
	El Cajon, CA 92021	7:00am – 10:00pm
	(619) 561-4745	
One Stop Laundry	1104 E. Washington Ave	Monday- Sunday
	El Cajon, CA 92019	6:00am – 10:00pm
	(619) 590-0370	·
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Pet Shelter

El Cajon Animal Shelter	1373 N Marshall Ave.	Tuesday- Saturday	
(Program to shelter pets for	El Cajon, CA 92020	10:00am – 5:30pm	
individuals experiencing	(619) 441-1580		
homelessness for a limited			
time.)			